



TOWN OF INDIAN SHORES AUTUMN 2010 - NEWSLETTER



Mark your calendars!

Indian Shores Fall Festival: Sunday, November 21, 2010

Holiday Boat Parade: Sunday, December 19, 2010

Municipal Election: Tuesday, March 8, 2011

Spring Coastal Cleanup: Saturday, March 19, 2011

Community Garden Ground-Breaking, Friday, September 30, 2011

MUNICIPAL ELECTION: A Municipal Election will be held on **Tuesday, 8 March 2011** to fill two (2) Council positions each for a three (3) year term. Voter Registration books, for the registration of voters eligible to vote in the election, will be closed as of 5:00 P.M., Monday, 7 February 2011. Voters can register at the Pinellas County Supervisor of Elections office or mail in a registration form; however, the form must be received by the election office 29 days prior to the election date. To qualify as a Candidate, a person must file with the Town's Supervisor of Elections not earlier than **Noon on Friday, December 3, 2010**, nor later than **Noon on Friday, December 10, 2010**. All appropriate petition forms must be verified and application forms and fees must be submitted prior to the deadline in order to qualify.

FROM THE MAYOR'S CHAIR: by Mayor Jim Lawrence

THE 2010 NOVEMBER GENERAL ELECTION: Indian Shores has 1157 Registered Voters from our census population of around 1,800 people. This past November 2nd Election Day drew 734 voters for a very respectable turnout of 63.44%.



What amazes me about the Town voting record this year is that our citizens picked the eventual winner in every category including people running for County, State, and Federal elected office, judgeship retention, Circuit Court judge elections, as well as Florida Constitutional Amendments, the County Charter Amendment, the non-binding Federal Amendment and the Pinellas Suncoast Fire and Rescue District referendum. As a Town, we batted a thousand and exceeded or at least very closely paralleled the state-wide winning percentages. Well done citizens of Indian Shores and thank you for such a strong turn-out.

A couple of races held particular importance to us as a municipality. First off, we rejected Florida Constitutional Amendment 4 which would have established the requirement for referenda for the adoption and amendment of local government comprehensive land use plan changes. On the surface some might assume this is democracy in action and it is a good thing to put land use decisions in the hands of the people. Perhaps in principal this is true, but the St. Pete Beach experiment in this practice has proven to be amazingly costly and economically crippling to that municipality due to the many law suits generated by the law itself and the results of the referenda already held on land use issues. It has been my opinion all along on this initiative that a representative democracy, where decisions are voted on by an elected body, is simply better suited to make long-term planning and policy level decisions that impact a diverse number of individuals and interest groups. I shared that sentiment with those of you who sought my advice and counsel on this issue and I am glad the people of Indian Shores came to that same conclusion by a vote of 445 No to 234 Yes against this Amendment, which would have had to garner a 60% vote in favor of passage state-wide to change the Florida Constitution.

Another race whose results greatly pleased me was the 6th Circuit Court, Group 18 election which picked Trish Muscarella over her opponent by a 57%-43% margin. While I rarely get involved in political campaigns past endorsing those I know and respect personally from both parties, I did actively support Trish and spoke to many of you about her contributions to the Town of Indian Shores. As the Public Relations representative to the Gulf Boulevard Road construction contractor, PBS&J, Inc. Trish worked with and helped Indian Shores' residents on a daily basis during the two year construction period. Many Indian Shores people benefitted from Trish's problem solving skills and her desire to solve construction issues that had negative impacts on many I.S. citizens. Trish, thank you for your service to the people of Indian Shores and congratulations on a hard fought yet respectable campaign.

INDIAN SHORES FALL FESTIVAL: On **Sunday, November 21st** the Town, in conjunction with the I.S. Library and the Suncoast Sandpipers Walking Club is sponsoring a Fall Festival which will include a Mayor's Pancake Breakfast, a Library Book Sale and a 6 & 10 kilometer walk throughout our beautiful Town. The walk and route is free to the public, the Library Book Sale will be by patron donation, and the Pancake Breakfast can be purchased for the nominal fee of \$5.00, which includes pancakes, sausages and beverages. Proceeds from the event will benefit the Suncoast Seabird Sanctuary and the Indian Shores Town Library. For information contact Alice Lawrence at 727-542-9742.

MUNICIPAL CENTER UPDATE: Construction on the New Town Municipal Center behind the current Town Hall is proceeding, but a little behind schedule. The heavy spring rains did slow the construction process as did the need to drain the excavation on several occasions. Our original move estimate of early January, 2011 has now been rescheduled for February 11, 2011. After the move to the new digs occurs, there will still be around a month of construction ahead as the old building is demolished and the front side parking lot construction and landscaping is finished. Our Town Web Site located at www.myindianshores.com has a "New Municipal Center" link that will be frequently updated with the latest construction information. Stay tuned for a big Grand Opening Celebration, slated hopefully for March, 2011 so that our seasonal visitors can join in the occasion.



WHAT'S NEW AND WHAT'S COMING: by Vice Mayor Joan Herndon



New Signs: Our new street signs have been installed. What an improvement to our streetscape! We also have new blue Gulf Blvd. signs that enhance the gull yellow and blue signs on each public access street. The signs have also been installed in the Town Square Area.

Recreation Dept.: We continue to expand and improve our programs at Town Hall. A complete program is included in this newsletter.

Wood Boardwalk & Brick Pavers Trail: This trail will extend from 192nd to 193rd Ave. East in the Town Square Area. It will provide a beautiful, nature walk and be another amenity for our enjoyment. Parking will be available at the Nature Park. We hope that construction will be completed by the end of the year.



Community Garden: Plans are being developed for a Community Garden in the Town Square Area. We are planning for a "spade in the ground" after Sept. 30, 2011.

Gulf Blvd. Beautification: We plan to add more decorative benches and the concrete trash receptacles to the streetscape. All of us are adding plants and other decorative items to our property. This project continues and we plan to add innovative features which will enhance our beautiful community.



HOLIDAY BOAT PARADE: By Councilor Carole Irelan

It's that time of the year again and the annual Holiday Boat Parade is right around the corner. It will be held on Sunday December 19th. Fred Strahlendorf has agreed to be the Town's judge for the boat decorating contest. By now you know the construction of the new municipal center is well under way. Due to this we are cancelling our boat parade celebration. Next year it will be extra special because it will be behind the new building! The parade is a wonderful way to start the season. Hope you all enjoy it and have a joyous Christmas and a happy New Year.

FALL COASTAL CLEANUP: By Councilor Steve Sutch

The Fall Coastal Cleanup on Saturday, October 16th was somewhat disappointing. We had anticipated somewhere around twenty plus students; however, we only had three. One group cancelled and of the ten college students only one showed up here and the other nine went to Madeira Beach. We did get a total of sixteen volunteers which sufficed. The Spring Cleanup will be on March 19, 2011. Hope everyone is enjoying the great fall season after the coldest winter and hottest summer in sixteen years we have had in Florida.



BEACHED UPDATE: by Councilor Bill Smith

2010 has been a year of triumph and disappointment when it comes to the preservation of our Gulf of Mexico beaches here in Pinellas County, including our beautiful beaches in Indian Shores. At the center of many of this year's events has been the Florida Shore and Beach Preservation Association (FSBPA), an organization dedicated to ensuring that Florida's beaches are sustained, by providing and fostering education, engineering, information exchange and funding.

Among the events affecting Florida's beaches this year:

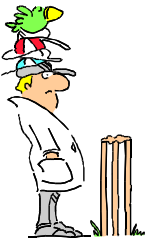
1. The Supreme Court Case: A few years ago a group of Walton County homeowners sued the state to stop a beach nourishment project in front of their Panhandle beachfront homes. Their argument would have erased the statute that is the basis of Florida's beach preservation program and completely shut down all beach renourishment projects. The case eventually found its way to the U.S. Supreme Court where, in spite of fears the judges would rule in favor of the homeowners, the judges voted 8-0 in support of the Florida program. Unanimous support by the U.S. Supreme Court likely means no such legal threat will ever occur again. FSBPA raised funds to allow the State to hire expert attorneys to argue the case before the Supreme Court.
2. State Funding: A few years ago, our State Senator Dennis Jones successfully sponsored an act to ensure that Florida's beach preservation program would receive \$30 million every year from documentary stamp revenue. That was then—this is now. There isn't enough doc stamp revenue to provide \$30 million for beaches, so the last few years have been a struggle to get enough funds to keep the beaches program alive. FSBPA was instrumental in convincing the legislature to provide over \$15 million—nowhere near \$30 million, but a lot more than what doc stamp revenue could provide.
3. The Oil Spill: BP's Deepwater Horizon rig exploded in the Gulf of Mexico in April and flowed uncontrollably for 3 months and poured 185 million gallons of crude oil into the Gulf of Mexico. A lot of that crude made its way to the shores and beaches, including the beaches of the Florida Panhandle. All of Florida's beaches were branded as spoiled and the loss of tourist income has been huge. And it will be years before we know the extent of the environmental damage.



Beginning in 2009 certain members of our state legislature have been promoting the idea of expanding offshore oil drilling into Florida waters—the area that extends only 3 to 10 miles from the shore. But the good news is that, as a result of The Spill, it is now unlikely any state legislator will sponsor the expansion of drilling so close to Florida's beaches.

4. Local Beach Preservation Projects:

Treasure Island, Long Key and Sand Key were scheduled for beach renourishment this year. Treasure Island and Long Key (St. Pete Beach) projects are essentially complete. However, the amount of sand available for the renourishment was not enough to complete the project as designed.



5. The renourishment of Sand Key--John's Pass to Clearwater Pass including Indian Shores--originally scheduled to start in 2010, is now scheduled to begin in Spring 2011. And there is a funding problem. Typically the funding for renourishment projects is 60% federal, 20% State and 20% County. Earmarks, the source of Federal renourishment funds in the past, have been vilified, and Republicans in Congress will not be sponsoring any earmarks this year. The result: there will not be enough funds to nourish all of Sand Key, and the portion that could be renourished in 2011 likely will not include Indian Shores.

6. Prospects for Beach Program Funding in 2011: Current economic conditions, especially the decline in property values, have put great strain on government at all levels. When our state legislature meets for their 2011 legislative session, convincing legislators to provide sufficient funding for beach preservation will be difficult. Once again, doc stamp revenues won't come close to meeting the need and it will take some creative strategies to find the funds elsewhere and get them committed to beaches. FSBPA will be active again during the session, making sure the funding needs of Florida's beach preservation program are addressed.

ABOUT NATIONAL FLOOD INSURANCE

In 1968, Congress created the National Flood Insurance Program (NFIP) in response to the rising cost of taxpayer funded disaster relief for flood victims and the increasing amount of damage caused by floods. The Mitigation Division a component of the Federal Emergency Management Agency (FEMA) manages the NFIP, and oversees the floodplain management and mapping components of the Program.

Nearly 20,000 communities across the United States and its territories participate in the NFIP by adopting and enforcing floodplain management ordinances to reduce future flood damage. In exchange, the NFIP makes Federally backed flood insurance available to homeowners, renters, and business owners in these communities.

Flood damage is reduced by nearly \$1 billion a year through partnerships with communities, the insurance industry, and the lending industry. Further, buildings constructed in compliance with NFIP building standards suffer approximately 80 percent less damage annually than those not built in compliance. And, every \$3 paid in flood insurance claims saves \$1 in disaster assistance payments.

The NFIP is self-supporting for the average historical loss year, which means that operating expenses and flood insurance claims are not paid for by the taxpayer, but through premiums collected for flood insurance policies. The Program has borrowing authority from the U.S. Treasury for times when losses are heavy; however, these loans are paid back with interest.



Flood Insurance is required by law

To get secured financing to buy, build, or improve structures in Special Flood Hazard Areas (SFHA's) you will be required to purchase flood insurance. Lending institutions that are federally regulated or federally insured must determine if the structure is located in a SFHA and must provide written notice requiring flood insurance.

Flood insurance is available to any property owner located in a community participating in the NFIP. All areas are susceptible to flooding, although to varying degrees, in fact, 25% of all flood claims occur in the low-to-moderate risk areas. Flooding can be caused by heavy rains, melting snow, by inadequate drainage systems, failed protective devices such as levees and dams, as well as by tropical storms and hurricanes.

There's a big difference between having to buy flood insurance because the law says you must and choosing to buy flood coverage because it's in your best interests to do so. We recommend that all property owners purchase and keep flood insurance because it is the best means of recovery from flood damaged.

Keep the peace of mind in knowing that your property will be protected from damages from the next storm and you're not left to cover the losses yourself?

What does it mean if my community does not participate in the National Flood Insurance Program (NFIP)?

Communities that agree to manage flood hazard areas by adopting minimum standards can participate in the NFIP. The standards are contained in Section 60.3 of the NFIP regulations. Communities that do not participate are subject to the sanctions outlined in Section 202(a) of the Flood Disaster Protection Act of 1973. Section 202(a) makes flood insurance, Federal grants and loans, Federal disaster assistance, and Federal mortgage insurance unavailable for the acquisition or construction of structures located in the floodplain shown on the NFIP maps.

I have lived here forever and have never been flooded. Why do I need flood insurance?

The flood hazards shown on NFIP maps are based on the best information available at the time the maps were prepared. In many areas, hydraulic and hydrologic studies were conducted to reflect the long-term projection of flood risk. Because of the infrequent occurrence of flood events and the relatively short history of the NFIP, Special Flood Hazard Areas (SFHAs) are not based only on the past flooding occurrences. The fact that a flood hasn't occurred within memory doesn't mean one won't happen soon.

The 100-year flood is a relatively rare event (1-percent chance in any given year), but structures located in the floodplain have a significant chance (26%) of suffering flood damage during the term of a 30-year mortgage. For these reasons, flood insurance is required as a condition of receiving Federal or federally-backed financial assistance.

How do I determine if my community is participating in the National Flood Insurance Program (NFIP)?

There are several ways you can find this information. One of the best resources is FEMA's Community Status Book. For each state you can print a list of communities. At the end of the list communities that are not in the NFIP are listed. Many of these communities have not adopted the required floodplain management ordinances. A footnote may indicate if the community has been suspended or withdrew from the program.

You can contact your insurance agent or call your community's planning or building permit office. Not only can they tell you if they participate in the NFIP, but they can tell you if you have to get permits before building in a special flood hazard area, or before you add to, improve, or repair damage to an existing floodplain building.

Copies of FEMA Elevation Certificates on all buildings constructed in the Town since 1986 are available at the Indian Shores Building Department and on the Town's website <http://www.myindianshores.com>. Also available on the website is a mapping service form.



PLAN, PREPARE & PROTECT!

If you live in Indian Shores your property is located in a Special Flood Hazard Area (SFHA). The Flood Disaster Protection Act of 1973 and the National Flood Insurance Reform Act of 1994 made the purchase of flood insurance mandatory for federally backed mortgages on buildings located in SFHAs. It also affects all forms of Federal or Federally related financial assistance for buildings located in SFHAs. The SFHA is the base (100-year) floodplain mapped on a Flood Insurance Rate Map (FIRM). It is shown as one or more zones that begin with the letter "A" or "V."

Many areas within the Town flood with only a high tide and west wind. There is a 26% chance of being flooded over the life of a 30 year mortgage. The Town of Indian Shores has not sustained severe wind damage from the hurricanes that have passed close to our shores. Flooding has caused most of the damage sustained in the past during hurricane events. Waters stirred in the Gulf of Mexico and Boca Ciega Bay by hurricane-force winds rise over the seawalls. Additionally, high tides prevent heavy rains normally associated with hurricanes from draining into the bay and gulf. Consequently, rainwater can back up into homes from the streets.

The Town of Indian Shores receives notification through Pinellas County in the event of an emergency. Flood Warnings will be given through the Towns' warning system and local television and radio stations. Tune into these media's for instructions during times of possible flooding.

It is important to stay informed. Listen to the news and weather channels, for example NBC, ABC, CBS, Bay News 9, The Weather Channel and also local radio stations while you have electric power. You should keep a battery operated radio available in case of a power outage, along with plenty of back-up batteries. For more storm preparedness information please visit <http://www.pinellascounty.org/emergency/stayconnected.htm>.

The entire Town of Indian Shores is located in an Evacuation Level A, which is the first level that will be ordered to evacuate. To register for special needs assistance, do one of the following: Visit www.pinellascounty.org/emergency and submit a form online, or call Pinellas County Emergency Management at 727-464-3800. Arrangements will be made through the Emergency Management procedures to aid people who need help evacuating. Because the Tampa Bay Region could require as long as 26 hours to evacuate, be prepared ahead of time. If possible, building contents should be moved to highest levels.

Being aware of what steps to take to minimize your loss prior to a flood is the first step to safety.

1. Tune into radio or television for flood warnings.
2. Heed warnings from officials; evacuate when orders are given, turn off electric and gas.
3. Have an evacuation and shelter route.
4. Have a small bag with essentials prepared.
5. Be cautious at night.
6. Have battery operated flashlight and radios in working condition and extra batteries.

Homeowner's insurance policies do not cover losses due to flooding. Indian Shores participates in the National Flood Insurance Program which makes flood insurance available to everyone in the town. For most, a home and its

contents are their greatest investment. We strongly urge you to buy flood insurance to protect yourself from a devastating loss. Keep in mind that there is a thirty day waiting period before coverage goes into effect.

Information about flood policies is available from your insurance agent. Property owners can insure their buildings and contents and renters can insure their possessions. Just because you have not been flooded in the past does not mean you will not be flooded in the future. It's not a question of "if" our area will be hit by a hurricane, but "when." Call your insurance agent now so that you will be fully prepared for future events. Do not wait for a disaster to devastate your family.

Moving outdoor furniture and relocating downstairs furniture to higher floors will minimize loss. Sandbags can be placed to help slow down flood waters reaching your possessions. Retrofitting, grading a yard and correcting drainage problems are ways to minimize loss prior to floods occurring. Retrofitting involves building flood walls, elevating a structure, etc.

All development (new construction, repair/replacement work, additions, fences, etc.) requires a permit. If you see any non-permitted work or need additional information please contact Indian Shores Building Department (727) 517-3940.

New buildings in the SFHA must be protected from flood damage. Our building code requires that new residential buildings must be elevated 3' above the base flood elevation. The ordinance also requires that all substantial improvements to a building must be treated as a new building. A substantial improvement is when the value of an addition, alteration, repair, or reconstruction project exceeds 50% of the value of the existing building. In the case of an addition, only the addition must be protected. In the case of an improvement to the original building, the entire building must be protected. Additionally, substantially damaged buildings must also be brought up to the same standards e.g., a residence damaged so that the cost of repairs equals or exceeds 50% of the building's value before it was damaged must be elevated 3' above the base flood elevation.

FEMA provides flood mitigation assistance funds to assist states and communities implement measures to reduce or eliminate the long term risk of flood damage under the NFIP. Information is available at www.FEMA.gov or at Indian Shores Building Department.

The Town has a system of drainage channels and ditches for storm water management purposes. They are inspected twice a year by our public service department. These ditches are of vital importance since the water flowing through them drains our streets. State Law prohibits dumping in these waterways. Violations should be reported to Indian Shores Building Department at 727-517-3940.

Should you be interested in obtaining flood zone information or further information on any of the above subjects, please contact the Indian Shores Building Department at 727-517-3940. In addition, the Town Library located at 19305 Gulf Blvd provides flood protection information and maintains copies of the Indian Shores Flood Insurance Rate Maps (FIRM).

Also, available at the Building Department and on the Town website at "<http://www.myindianshores.com> are copies of FEMA elevation certificates on all buildings constructed in the SFHA since 1986. In addition to the elevation certificates, we also provide a mapping service for a specific property within Indian Shores. This form is available on our website under "Flood Information" and then "Services provided" or call the Building Department at 727-517-3940.

Important Phone Numbers: Pinellas County Citizen Information 727-464-4333, Pinellas County Emergency Mgmt. 727-543-3150, Pinellas Hurricane Hotline 727-462-0500, FEMA 1-800-621-3362, Progress Energy - Power Outage 1-800-228-8485, Pinellas County Highway 727-464-8900, Pinellas County Utilities 727-464-4000, Weather Center 813-645-2323, Price Gouging 1-866-966-

7226, Pinellas County Animal Services 727-582-2600, Pre/post disaster resources 211, Red Cross North 727-446-2358, Red Cross South 727-898-3111.

[INDIAN SHORES PROPERTY OWNER'S ASSOCIATION NEEDS YOUR HELP!](#) by Art Newsome, President

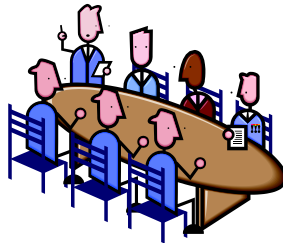
The Indian Shores Property Owner's Association is a not-for-profit corporation founded to:

1. Promote the general well-being of the residents
2. Provide a forum for residents to express their ideas and concerns
3. Work with Town officials to preserve desirable beach living

Regular meetings are open to all residents and are held on the 3rd Tuesday of the month at 5:30 pm at Town Hall—join us. Annual membership dues are \$15. Payment may be made at Town Hall or by contacting Fred Strahlendorf at 593-9608 or Art Newsome 517-9571.

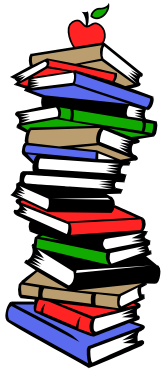
Activities Planned for 2011:

- Gulf Boulevard Beautification continues to encourage property owners to spruce up their properties and replace old mail boxes with new ones.
- Monthly Happy Hours
- Fall Party (such as a Luau)
- Beach Re-nourishment
- Post-July 4th Beach Clean-up
- Community Garden



These activities require effort—preferably a little effort by a lot of people rather than a big effort by a few. Check us out at myindianshores.com—click on Community Links—and GET INVOLVED!

[INDIAN SHORES LIBRARY](#) : by Dottie Strahlendorf, Chairperson



The library staff recently held another "Read & Feed" which was well attended and enjoyed by all. This next "Read & Feed" is planned for early next year and the subject book and exact date is yet to be decided. Details will be announced.

On **Sunday, November 21st**, a book sale will be held in the morning between **9:00 am and 12:00 noon** in front of Town Hall. It will be held in conjunction with a 'walk-a-thon and pancake breakfast' sponsored by the Sandpipers Walking Club. The book sale will be open to everyone.

We are eagerly looking forward to moving into the new facility at our new Town Hall, scheduled to be completed early next year. A bigger and better library for all, complete with a long-awaited 'book return drop box'.

The library volunteers extend a Happy Thanksgiving wish to all.

[POLICE VEHICLE FOR SALE:](#) Bids are now being taken for a 2000 Ford Crown Victoria (as is), 4-door sedan, with approximately 98,000 miles. Minimum bid accepted is \$1500. Bidding began on November 5, 2010. All bids must be sealed and include name, address, phone number and amount of bid offer, and submitted to the Indian Shores Town Clerk no later than Noon on December 3, 2010. Bids will be open at the Town Council meeting on December 14, 2010 at 7 pm.





WHAT'S HAPPENING AT THE INDIAN SHORES RECREATION DEPARTMENT



NO NEED TO PRE-REGISTER! ALL ACTIVITIES ARE PAY AS YOU GO - SEE THE INSTRUCTOR! ALL CLASSES ARE HELD IN THE AUDITORIUM. Note: Designated parking areas are reserved for Town Hall functions and class participants.

Internet Access: Public Computers are available for use at the [Town Hall](#), **Monday through Friday, 8:30 am to 3:30 pm.** You will need to purchase a \$5 annual library membership card to use the computers. All residents and visitors may join. Staff can issue you a card if the Library is closed. Sign up in the Town Hall lobby to reserve your ½ hour time slot. Computer time is also available on **Saturdays from 10 am to 1 pm** by signing up in the Library. You may reserve 30 minutes per day, per membership. You may reserve your time slot day(s) in advance. We cannot make appointments for you or take cancellations over the phone due to our limited staff. Once you have reserved your time slot, you do not need to check in with staff before proceeding to your computer. Both computers have printers. **We do not have Wi-Fi and you are not allowed to plug in your own lap-top. Thumb-drives may be used.** There is no charge for the first 5 printed pages. Each additional printed page costs 15 cents each.

Library Hours: Open **Mondays & Thursdays, 1 - 4 pm,** and **Saturdays 10 am - 1 pm,** 595-4020 x 23. **Entrance is on the north side** of the Town Hall Building under the **green canopy.** Membership is only \$5 per year. For further information contact Chairperson Dotty Strahlendorf at 593.9608 or dottyzmailbox@yahoo.com.

Free Bridge Lessons: Another series of free lessons, with instructor Barbara Smith, Will begin **Monday, January 10, 2011** and concludes on **February 28, 2011.** Beginner lessons start at **11 am** and Intermediate lessons start at **1:15 pm.** **Workbooks are required** at a cost of \$10 per person. No partner necessary! Call Barbara today at 392.2704 and reserve your spot at the card table and arrange to purchase your workbook. Sign up today or wait until next fall when a new series begins!

Yoga: Meets on **Tuesdays & Thursdays @ 9 am.** Cost is \$6 per class. Contact Tom Meagher at 365.4901, or tmeagher1@yahoo.com. Tom teaches Hatha Yoga to beginners and experienced Yoga students. Hatha Yoga emphasizes the breath, the body and meditation. Come and experience a joyful practice.

Senior Exercise: Meets **Tuesdays & Fridays @ 11 am.** Cost is \$5 per class. Class is designed for those interested in toning, increasing and maintaining good health, but not interested in full-body exercising. Gain good foundations and techniques in breathing, range of motion, and exercising in both standing and seated positions. Call instructor Cindy Brauer at 430.2756 or email her at Sunny4ub@aol.com for more information.

Zumba Class: Meets **Mondays & Wednesdays @ 9 am. (and on Fridays starting in January).** Dance your way to a fitter you with exciting and unique Latin moves and rhythms. Zumba is a fun, aerobic workout that will make you will feel stronger, happier and healthier, while dancing to Merengue, Salsa, Bachata, Cumbia, Rock & Roll and more! **First class is free!** For more info, contact Liz Quinones at 813.476.9776 or Liz@Lizumba.com. Cost is \$4 per class or 6 for \$20.00.

ACBL Duplicate Bridge: Meets **Wednesdays, 12:30 – 3:30 pm**, directed by Jim Maloney. Contact Jim at 393.8196 or jmaloney@tampabay.rr.com. \$5 per game, includes snacks. Come alone or bring a partner. We guarantee you will have a partner.

Advanced Tai Chi Class: Meets **Wednesdays @ 5:30 pm**. You **must** be a member of the Taoist Tai Chi Society to take this class. The class is free to TTCS members. Contact Janice Darby at 596.7436 or email her at janicem1@hotmail.com for more information.

Beach Ballroom Dance Lessons: Meets **Wednesdays @ 7:30 pm**. Lesson lasts one hour, with practice session until 9 pm. Lessons are conducted by Carol Baker. Contact Carol at 374.3881 or Cbvideo1@aol.com. Cost is \$32 per person for 4 weeks if paid in advance, or \$10 per person per class. No partner needed. Schedule for 2011 is:

January 5th to 26th - Swing
April 6th to 27th - Rumba

February 2nd to 23rd - Foxtrot
May 4th to 25th - Waltz

March 2nd to 23rd - Hustle
June 1st to 22nd - Cha Cha

Beginner Tai Chi Class: Meets **Mondays @ 6:30 pm January through April 2011 & every Thursday @ 10:30 am**. People of all ages can learn the gentle turning and stretching movements which can be adapted to match any level of ability. Whatever one's state of health, Taoist Tai Chi offers an effective way to maintain, improve or recover health. Thousands of people have found the gentle movements of Tai Chi to be an effective therapy for a wide range of health problems, including poor circulation, high blood pressure, arthritis, back pain, breathing difficulties and digestive and nervous disorder. Cost is \$2 per class donation to Taoist Tai Chi Society. Contact Deb Marzani @ 397.2826 or debmar1@tampabay.rr.com.

Jazzercise Personal Touch. Meets **Saturdays, @ 9 am. (Note: No Class on Saturday, December 11th)**. Kick your workout up a notch! These small group weight training and body sculpting sessions are designed to improve strength and tone muscles. The personalized approach encourages exercise consistency and the attainment of fitness goals. Special attention to movement technique will help you get the most from your workouts. Cost is \$20 per month or \$5 drop-in. (\$15 per month or \$4 drop-in for Jazzercise students from other locations). **First class is free!** Contact Eileen Arsenault at 481.3995 or Eileen.jazzercise@gmail.com

Cardio Dance and Total Wellness Program: **January 15th and 29th, Noon to 2 pm**. A healthy mind and body starts with an action program: **Cardio Dance**, (with Carol) gentle choreographed movement, oxygenates the body and promotes circulation thru easy dance steps; **Eating Right**, (with Kate) a private session for the latest information on the best foods, and activities for your body structure and blood type; **Gentle Massage**, (with Heidi) a private session for muscles, and joints; **Beach Walking**, (as a group) provides movement and relaxation thru Nature's grounding. Plan to relax and enjoy 2 hours of therapeutic activity. This program can give you relaxation, increased circulation, assist recovery from injury, promote concentration, clear brain fog, reduce fatigue, lower your blood pressure, and improve your sleep patterns. We provide food, smoothies, and door prizes. For more information contact **Carol 727-374-3881, Kate 813-230-3999 or email: kate@academyofgeneticsciencesinc.com**. \$30 per person.

Sunday

Nov 21

Indian Shores

Fall Festival

6 & 10K Walk

*Walk is free!**

8-9 a.m. start

Mayor's Pancake

Breakfast

\$5

9a.m.-noon

Library Book Sale

By Donation

9 a.m.-noon

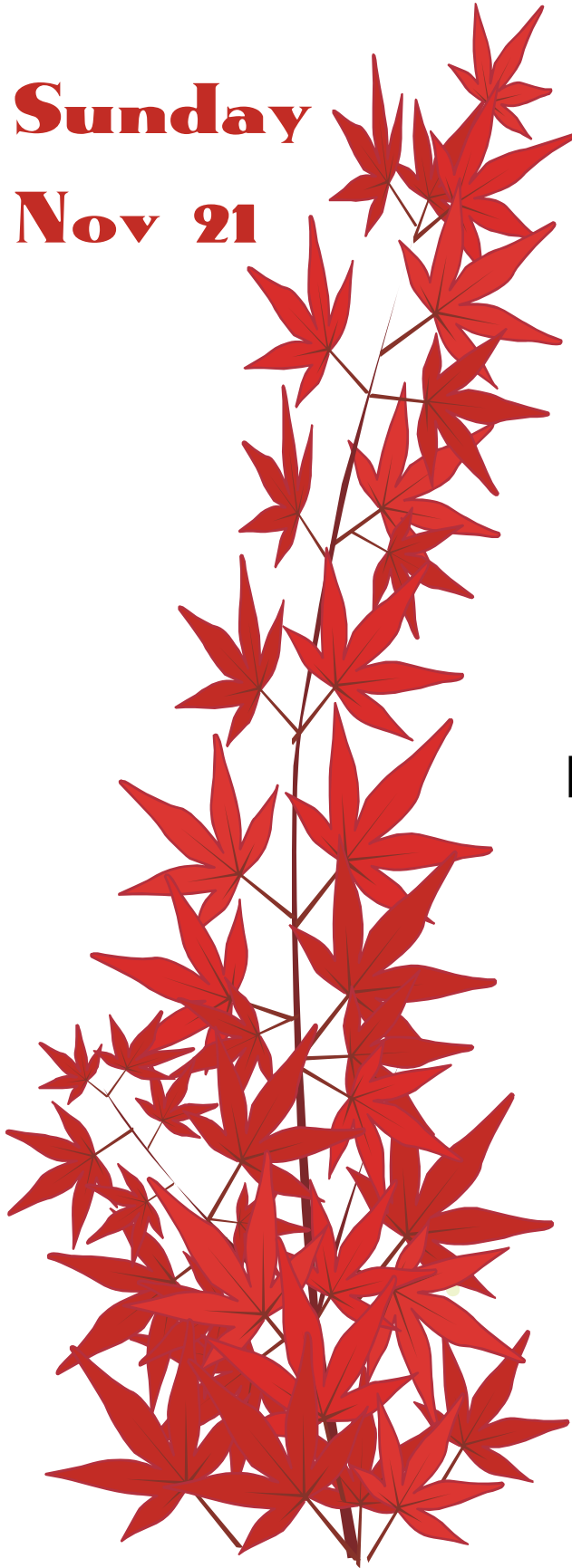
**Proceeds to benefit
the Suncoast Seabird
Sanctuary and the
Town Library**

*Walk has been sanctioned by the
American Volkssport Association. If
desired, volkssport credit is \$3.

Information: Alice Lawrence

(727)-595-2173

pipers@tampabay.rr.com





PUBLIC NOTICE TOWN OF INDIAN SHORES

Full Cost Accounting for Solid Waste Management for the period from October 1, 2009 through September 30, 2010 as required by Section 403.7049 of the Florida Statutes and Rule 17.708 of the Florida Administrative Code.

	RESIDENTIAL CUSTOMERS	COMMERCIAL CUSTOMERS
Monthly Cost of Solid Waste Collection	\$ 3.96	\$ 82.64
Monthly Cost of Solid Waste Disposal	\$10.40	\$ 59.59
Total Monthly Solid Waste Management Cost Per Account	\$14.36	\$142.23

The cost information is based upon a monthly average per account including all service types provided. Actual costs for a given account may have been different than the overall averages due to the actual type of service provided to that individual account.



Town of Indian Shores
19305 Gulf Boulevard
Indian Shores, FL 33785

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